



Laufofoga Sukhikh is the founder and director of Sis in Progress. Through her own life experiences, Fonga has collected wisdom and knowledge with each passing trial and life challenge. With a deep love for her fellow Christian sisters and her natural leadership abilities, Sis in Progress was the avenue to bring the two together.

Laufofoga's journey through mountain-top and valley-low experiences have given her greater insight to face challenges head-on. It is her passion to help others do the same. Instead of turning away and avoiding her obstacles, this brave woman knew co-existing with mediocrity was not for her. Looking her mistakes, hardships and health challenges in the eye, overcoming victory was the only option she would accept.

As her strength increased and quitting not being an option, Fonga went on to gain many valuable insights. Her personal journey became the tool that directed her to paths of faith, hope and love. Those paths gave her the strength and courage to overcome the things that desired to hinder her. Soaring above the challenges and trials, Fonga desires to share her knowledge to help others rise above their challenges too.

Laufofoga's enthusiasm, passion, confidence and love for God's Word gives her the ability to share her experiences. Presenting the Good News with humor, creativity and vision, she has the perfect ingredients to help others. Her simple, yet powerful tools of presentation help Fonga to lead, equip, empower and encourage her fellow Christians. With the support and leadership of this mentor and coach, others find their own courage to live and reach out during personal times of uncertainty.

It is the desire of Laufofoga's heart to see her fellow Christian sisters have the more abundant life that Jesus Christ spoke of in John 10:10. She especially wants to be a part of impacting her fellow Pasifika sisters. It is her goal and desire to watch them dream again with God, stand firm in their faith and never lose hope, no matter how deep the valley. She has learned that when a person takes hold of that dream, something is stirred on the inside. Those resolute feelings that rise up within are the very tools that keep an individual fighting and desiring to live with purpose. The tough times no longer have the upper hand.

Above all, what Fonga desires to see is many others open their hearts through the

Gospel and step into all that God has for them. Embracing His plan and His ways is rewarding beyond measure, and that is her desire for others.

Fonga enjoys every moment of life, with her love for God above everything else.

He is her everything. She is the mother of two, and has a background in business, management, facilitator, real estate and sales. Fonga loves her involvement in business because of the opportunity to learn new things daily, giving her many personal challenges to glean from. Working with others, she also has the chance to help others reach their fullest potential. Her method to help others excel include teaching them to see beyond their natural eyes that want to limit them by the tangible, followed by an intense focus of breath life into their dreams.

Fonga has worked diligently to further her education and knowledge. She has multiple diplomas in several areas, including IATA (International Air Transport Association), Business, Adult Teaching, Credentialed Master Practitioner of Coaching, a diploma in REINZ, and Pastoral Therapy (Living Wisdom).